

THE EDUCATORS COACHING ACADEMY



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A snapshot of our impact...

THANKS TO THE ECA...

"I approach students with a more open mind now, holding empathy and an individual approach to each young person at the forefront of my mind."

**96% TEACHERS ARE
BETTER ABLE TO
SUPPORT THEIR
STUDENTS' MENTAL
HEALTH**

**98% TEACHERS ARE
BETTER ABLE TO HELP
YOUNG PEOPLE TO
SOLVE THEIR OWN
PROBLEMS AND MAKE
THEIR OWN
DECISIONS**

"I particularly like the focus on an outcome and I feel that this helps my students move forward, whilst the listening strategies Sam has taught us help me to create a space for them where they feel listened to. The focus is on getting students to come up with their own solutions, which empowers them more than if we just give them all the answers."

"I will be able to help young people in the school that I work in as well as helping staff with some of the skills that they could implement in order to form better relationships and understanding of the children they work with."

**87% TEACHERS LEAVE
WITH A BETTER
UNDERSTANDING OF
YOUNG PEOPLE**

**100% TEACHERS SAID
WHAT THEY LEARNED
WITH ECA WOULD
BENEFIT THEIR OWN
MENTAL HEALTH TOO**

"The ECA has been really beneficial - I'm struggling at the moment with my mental health, I was depressed, really anxious, and the course has helped me to feel more calm and has shown me how important mental health support is, and that really matters."

"The ECA has proven to be so insightful, so useful - and ultimately some of the best training I've ever done."

**99% TEACHERS ENJOY
STUDYING WITH ECA**

"I have learned a lot from the programme. All teachers should know this!"

**99% TEACHERS WOULD
RECOMMEND THE ECA
TO THEIR COLLEAGUES**

"The ECA enables others to seek out their own understanding of self and enhance their ability to reach out and connect with pupils, peers and family. This will create a better work and home life which assists with our mental health."



Find out more about the ECA [here](#)